

DECEMBER

Bethel Schools Menus for the Month

| M | T | W | T | F | S | S |
|----|----|----|----|----|----|----|
| 27 | 28 | 29 | 30 | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |

Snack Schedule

| MON | TUES | WED | THURS | FRI |
|---------------------|------------------------|--------------------------|--------------------------|--------------------|
| | | | | 1st fruit tray |
| 4th veggie tray | 5th squash squared | 6th challah bread | 7th spaghetti squash | 8th no school |
| 11th veggie tray | 12th confetti salad | 13th scones | 14th maple squash | 15th fruit tray |
| 18th veggie tray | 19th squash :-)'s | 20th zucchini muffins | 21st squash n apple s | 22nd half day |
| 25th no school | 26th no school | 27th no school | 28th no school | 29th no school |

Daily Breakfast Offering

| | |
|------------|--|
| Monday- | Variety of Omelettes |
| Tuesday- | Stuffed French Toast (cream cheese and berry goodness) |
| Wednesday- | Oatmeal Bar (fresh oatmeal tons of selections!!) |
| Thursday- | Breakfast Burrito |
| Friday- | Breakfast Sandwich |

----- Every Morning We Offer -----

Fresh Fruit Cup, Homemade Granola, Homemade Muffins, a Smoothie of the Day, or a Breakfast Plate!!!!

Daily Hot Lunch Offerings

| | | |
|-----|------|---|
| MON | 4th | Chicken Burritos with Spanish Rice |
| | 11th | Chili Potato Boats with Corn Muffins |
| | 18th | Cheeseburger or Black Bean Burger Sliders with Shoestring Chips |
| | 25th | No School |

Menu Key L= Local GF= Gluten Free V= Vegetarian

| | | |
|------|------|--|
| TUES | 5th | Homemade Pizza (pepperoni, cheese or vegetarian) GF slices available |
| | 12th | Winky's Hurdles or Willy's Verdles (GF available) |
| | 19th | Chicken or Veggie Pot Pie with Cheddar Cheese Filling (GF available) |
| | 26th | No School |

Check Your Students Meal Account @ "mymealtime.com"

| | | |
|-----|------|---|
| WED | 6th | Pasta Bolognese or Pasta Primavera |
| | 13th | Chicken or Vegetable Stir Fry |
| | 20th | Challah Bread French Toast and Latkes, for Hannukah |
| | 27th | No School |

Deli Sandwiches Available Each Day!!!

| | | |
|-------|------|--|
| THURS | 7th | Grilled Cheese and Homemade Cream of Tomato Soup |
| | 14th | Macaroni and Cheese Bar (assorted hot toppings, your choice) |
| | 21st | Baked Ham, Mashed Sweet Potatoes, Roasted Brussel Sprouts, for Christmas |
| | 28th | No School |

Menus are Subject to Change

| | | |
|------|-----------|---|
| FRI | 1st | Salmon Cakes with Spinach Risotto |
| | 8th | No School |
| | 15th | Fish and Chips |
| | 22nd | Nyama na irio (Steak and Potatoes) for Kwanza |
| 30th | No School | |

Homemade Soup and Salad Bar with Every Meal!!!